

# QUARTERLY SERVICE LINE UPDATE

2024 Q4 Third Edition



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*\*For your convenience, the PDF features a clickable table of contents. This enables you to quickly access the sections most relevant to you with a single click.*

## Pulmonology

### New Procedures / Technology:

Dr. Albert Baker, provider with Centra Medical Group (CMG) Pulmonology Center- Lynchburg, is offering advanced robotic bronchoscopy procedures at Centra Lynchburg General Hospital. The Ion Robotic Bronchoscopy is a minimally invasive tool to assist in obtaining peripheral lung nodules during a biopsy procedure. Click to learn more about [Al Baker, MD | Centra Health](#).

### New Providers / Capabilities:

Alex Lower, PA is now available to see patients for pulmonary and sleep services at Centra Medical Group (CMG) Pulmonology Center-Beford on Monday and Tuesdays of every week. Scheduling follow-up pulmonary patient appointments and new sleep patient appointments within one week. Click to learn more about [Alex Lower, PA | Centra Health](#).

Kathy Worley, NP has joined the Centra Medical Group (CMG) Pulmonology team in Gretna. Scheduling new patient appointments starting in February 2025. Click to learn more about [Kathy S. Worley, NP-BC, MSN | Centra Health](#).

### How to Refer:

Call or send a referral via fax or through the Referral Management System in Cerner for the following locations:

- Centra Medical Group (CMG) Pulmonology Center- Bedford  
1615 Oakwood Street, Suite B, Bedford, VA 24523  
**Phone:** 540.587.7810      **Fax:** 434.200.1657
- Centra Medical Group (CMG) Pulmonology Center- Gretna  
291 McBride Lane, Gretna, VA 24557 **\*located within Centra Gretna Medical Center**  
**Phone:** 434.200.4030      **Fax:** 434.200.1657
- Centra Medical Group (CMG) Southside Pulmonology Center- Farmville  
800 Oak Street, Farmville, VA 23901 **\*located within Centra Southside Community Hospital**  
**Phone:** 434.315.2880      **Fax:** 434.315.2876
- Centra Medical Group (CMG) Pulmonology Center- Lynchburg  
2011 Tate Springs Road, Lynchburg, VA 24501  
**Phone:** 434.947.3963      **Fax:** 434.947.5935

## Sleep Medicine

### Centra Home Sleep Testing Center

Effective November 2024, the Centra Medical Group (CMG) Sleep Wellness Center launched the Centra Home Sleep Testing Center. The American Academy of Sleep Medicine (AASM) accredited center is staffed by board-certified sleep medicine physicians, trained APPs, and licensed sleep center staff, this new center combines the home sleep testing programs of the Centra Sleep Disorders Center at Virginia Baptist and the former Lynchburg Pulmonary Sleep Wellness Center. The Centra Virginia Baptist Sleep Disorders Center will continue to offer in-lab/overnight sleep studies at the Centra Virginia Baptist Hospital (VBH) location.

### How to Refer:

**\*Please note, providers at Centra Home Sleep Testing Center can follow the referred patient for their sleep disorders or if referring provider prefers to manage the patient, the results can be sent to referring provider's office**

### Inpatient (Centra/CMG Providers & Hospitalists):

Continue to use the Home Sleep Test order set in Cerner. Please review the Home Sleep Test contraindications carefully and be sure to select the appropriate screening criteria to proceed with the order.

Call or send a referral via fax for the following location:

- Centra Home Sleep Test Center  
2512 Langhorne Road, Lynchburg, VA 24501  
**Phone:** 434.528.2194      **Fax:** 434.200.3183

**\*If patients are DDD pacemaker dependent, an in-lab study should be ordered.**

### Outpatient (External Providers):

**\*Click here to view the [Home Sleep Test Order Documents](#)**

## Home Health & Hospice Care

- Kimberly Wade, RN, provider liaison, is available at Centra Lynchburg General Hospital (LGH) and Centra Virginia Baptist Hospital (VBH) Monday through Friday from 8:00am-4:30pm, as the point of contact to speak to patients or refer to Hospice and Home Health services.
- Kimberly can be reached via phone at, 540.451.1246, email at [kimberly.wade@centrahealth.com](mailto:kimberly.wade@centrahealth.com) or through Teams communication.

## Palliative Medicine

Centra Medical Group (CMG) Supportive Care & Palliative Medicine has begun accepting patients in the outpatient clinic Monday through Friday. The Outpatient Palliative Care Clinic provides services for the following:

Patients experiencing the following serious illnesses:  
**\*can be provided along with curative treatment and at any stage of illness**

- Cancer
- Heart and Lung Disease
- Kidney Disease
- Alzheimer's
- HIV/AIDS
- Amyotrophic Lateral Sclerosis (ALS)
- Multiple Sclerosis
- Parkinson's Disease

Symptom management for patients experiencing serious illnesses:

- Pain
- Shortness of breath
- Fatigue
- Constipation
- Nausea
- Loss of appetite
- Difficulty sleeping

Click here to learn more about the Centra Medical Group (CMG) Supportive Care & Palliative Medicine Outpatient Clinic providers:

- [Brenda L. Stokes, MD | Centra Health](#)
- [Charles Iwuala, MD | Centra Health](#)
- [Meredith Parnell, NP | Centra Health](#)
- [Nicole L. Arrington, NP | Centra Health](#)

### How to Refer:

Call or send a referral via fax or through the Referral Management Tool in Cerner for the following location:

- Centra Medical Group (CMG) Supportive Care & Palliative Medicine  
1330 Oak Lane, Suite 202, Lynchburg, VA 24503 **\*located in the Oak Vassar Medical Building**  
**Phone:** 434.200.5757 **Fax:** 434.200.1128

### New Providers / Capabilities:

Angela Renna, FNP has joined the Centra Medical Group (CMG) Supportive Care & Palliative Medicine team providing inpatient palliative care. Click to learn more about [Angela Renna, FNP | Centra Health](#).

Jamie Fenton, NP has joined the Centra Medical Group (CMG) Supportive Care & Palliative Medicine team providing inpatient palliative care. Click to learn more about [Jamie Fenton, NP | Centra Health](#).

## Primary Care

### New Providers / Capabilities:

Dr. Jamie Kalafatich has joined the Centra Medical Group (CMG) Nationwide team. Appointments available beginning January 2025. Click to learn more about [Jamie Kalafatich, DO, MS | Centra Health](#).

Annamarie Jones, NP has joined the Centra Medical Group (CMG) Bedford team. Appointments available beginning December. Click to learn more about [Annamarie Jones, NP | Centra Health](#).

Stephanie Stewart, NP has joined the Centra Medical Group (CMG) Nationwide team. Appointments available beginning December. Click to learn more about [Stephanie Stewart, NP | Centra Health](#).

## BEHAVIORAL HEALTH



### New Providers / Capabilities:

Ciara Diederich, PA has joined the Centra Medical Group (CMG) Behavioral Health team providing inpatient emergency psychiatric care at Centra Lynchburg General Hospital (LGH) and inpatient psychiatric care at Centra Virginia Baptist Hospital (VBH). Click to learn more about [Ciara Diederich, PA | Centra Health](#).

### Centra Medical Group (CMG) Piedmont Psychiatric Adult Urgent Care

Effective November 2024, the Centra Medical Group (CMG) Piedmont Psychiatric Adult Urgent Care opened for patients aged 18 and older who are experiencing mental health concerns. The urgent care accommodates 14 appointments daily and is on a first-come, first-served basis.

#### For patients experiencing new or worsening psychiatric symptoms such as:

- Mood disorders (depression or severe anxiety)
- Upsetting thoughts (thoughts of harming yourself or others, intrusive repetitive thoughts)
- Psychosis (hallucinations, delusions or disorganized thoughts)
- Uncontrolled behaviors (repeated checking, touching, arranging or counting)

#### Exclusionary Criteria:

- Addiction and recovery services
- Formal medication clearance (court-ordered evaluations, forensic requests, FMLA/DMV paperwork)
- Clearances for returning to work or school
- Assessments for housing resources or social services
- Ongoing care for continuing treatment

Click here to learn more about [CMG Piedmont Psychiatric Adult Urgent Care | Centra Health](#).

## BRAIN & SPINE

### Neurointerventional Clinic

#### CME Opportunity:

**Thursday, December 12th at 12:00pm**

Dr. John Gaughen from Centra Medical Group (CMG) Neurointerventional Clinic team will be discussing the diagnosing and management of idiopathic intracranial hypertension (IIH), pulse tinnitus, and brain aneurysms. Click [here](#) to register.

Click to learn more about the Centra Medical Group (CMG) Neurointerventional Clinic providers:

- [Ahmed M. Elakkad, MD | Centra Health](#)
- [Genevieve F. Harway, MSN, BSN, BS, RN, NP-C | Centra Health](#)
- [John Gaughen, MD | Centra Health](#)
- [Mary E. Jensen, MD | Centra Health](#)

#### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following location: **\*When referring, please note "Neurointerventional Clinic" on the referral**

- Centra Medical Group (CMG) Neurology Center- Tate Springs  
2025 Tate Springs Road, Lynchburg, VA 24501  
**Phone:** 434.200.3600      **Fax:** 434.200.3714

### Neurology

#### New Providers / Capabilities:

Shannon Greene, PA has joined the Centra Medical Group (CMG) Neurology team. Currently not scheduling new patient appointments. Click to learn more about [Shannon Greene, PA | Centra Health](#).

### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Southside Neurology Center - Farmville  
800 Oak Street, Farmville, VA 23901  
**\*located within Centra Southside Community Hospital**  
**Phone:** 434.315.2914      **Fax:** 434.315.2918
- Centra Medical Group (CMG) Neurology Center - Gretna  
291 McBride Lane, Gretna, VA 24557  
**\*located within Centra Gretna Medical Center**  
**Phone:** 434.200.3600      **Fax:** 434.200.3714
- Centra Medical Group (CMG) Neurology Center - Linkhorne  
2818 Linkhorne Drive, Lynchburg, VA 24503  
**Phone:** 434.200.3600      **Fax:** 434.200.3714
- Centra Medical Group (CMG) Neurology Center - Tate Springs  
2025 Tate Springs Road, Lynchburg, VA 24501  
**Phone:** 434.200.3600      **Fax:** 434.200.3714

## Neurosurgery

### New Providers / New Capabilities:

William “Bill” Fluker, PA is now providing initial and follow-up neurosurgery appointments in Moneta and Farmville. Click here to learn more about [William “Bill” Fluker, PA | Centra Health](#).

### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Neurosurgery Referral Team  
**Phone:** 434.200.3920      **Fax:** 434.947.3924

#### Locations:

- Centra Medical Group (CMG) Neurosurgery Center- Danville **\*two Mondays a month**  
414 Park Avenue, Danville, VA 24541 **\*located within Centra Danville Medical Center**
- Centra Medical Group (CMG) Neurosurgery Center- Farmville **\*every Thursday**  
800 Oak Street, Farmville, VA 23901 **\*located within Centra Southside Community Hospital**
- Centra Medical Group (CMG) Neurosurgery Center- Lynchburg  
2138 Langhorne Road, Lynchburg, VA 24501
- Centra Medical Group (CMG) Neurosurgery Center- Moneta **\*2nd Friday of every month**  
1039 Mayberry Crossing Drive, Suite C, Moneta, VA 24121

## CANCER CARE

### Hematology Oncology

#### New Providers / Capabilities:

Tiffany Clark, RN, MSN, ACNS-BC, FNP-C, AOCNP has joined the Centra Medical Group (CMG) Hematology Oncology team and will focus most of her time seeing hematology patients. Scheduling new hematology patient appointments within one month of referral. Click to learn more about [Tiffany Clark, RN, MSN, ACNS-BC, FNP-C, AOCNP | Centra Health](#).

To learn more about Centra Alan B. Pearson Cancer Center providers, click here: [Centra Alan B. Cancer Center Providers - Centra Health](#).

### How to Refer:

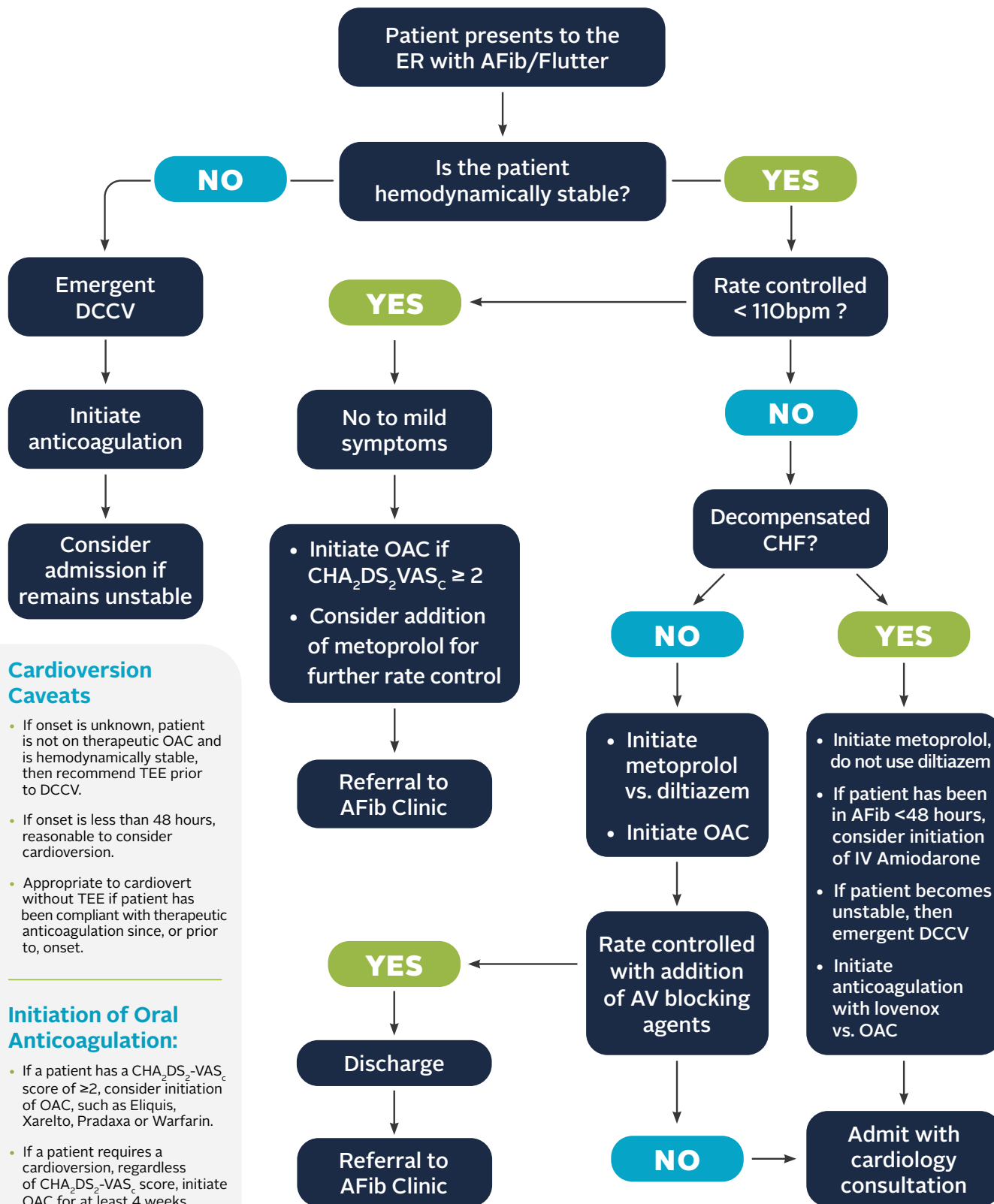
- Centra Alan B. Pearson Regional Cancer Center Hematology Oncology Clinic  
1701 Thomson Drive, Lynchburg, VA 24501  
**\*Located on second floor**  
**Phone:** 434.200.4522      **Fax:** 434.485.7840
- Centra Southside Hematology Oncology Clinic  
800 Oak Street, Farmville, VA 23901  
**\*Located within Centra Southside Community Hospital**  
**Phone:** 434.315.2690      **Fax:** 434.315.2697

### CME Opportunity:

#### Thursday, January 9, 2025, at 12:15pm via Teams Webinar

Tiffany Clark, RN, MSN, ACNS-BC, FNP-C, AOCNP, from the Centra Alan B. Pearson Regional Cancer Center Hematology team, will be joining us for the January edition of Centra’s Lunchtime Learning Series. She will discuss the diagnosis and medical management of hematological disorders in primary care. Click [here](#) to register.

## Atrial Fibrillation (A. Fib) / Flutter Emergency Department Pathway



### Cardioversion Caveats

- If onset is unknown, patient is not on therapeutic OAC and is hemodynamically stable, then recommend TEE prior to DCCV.
- If onset is less than 48 hours, reasonable to consider cardioversion.
- Appropriate to cardiovert without TEE if patient has been compliant with therapeutic anticoagulation since, or prior to, onset.

### Initiation of Oral Anticoagulation:

- If a patient has a CHA<sub>2</sub>DS<sub>2</sub>-VAS<sub>c</sub> score of ≥2, consider initiation of OAC, such as Eliquis, Xarelto, Pradaxa or Warfarin.
- If a patient requires a cardioversion, regardless of CHA<sub>2</sub>DS<sub>2</sub>-VAS<sub>c</sub> score, initiate OAC for at least 4 weeks.

The Emergency Department Atrial Fibrillation (A. Fib) / Flutter Pathway streamlines care for patients with atrial fibrillation or flutters, focusing on hemodynamic stability, rate control, anticoagulation, cardioversion considerations, CHF management, and referral to the A. Fib Clinic for follow-up care.

### How to Refer:

Scheduling new patient appointments within a week. Call or send referral via fax or through the Referral Management System in Cerner for the following location: ***\*When referring, please note “AFib Clinic” on referral***

- Centra Heart & Vascular Institute - Lynchburg  
2410 Atherholt Road, Lynchburg, VA 24501  
**Phone:** 434.200.5252, option 3, ask for the EP AFib clinic scheduler      **Fax:** 434.200.2496

Click here to learn more about the clinic: [Atrial Fibrillation | Centra Health](#).

## Cardiology

Beginning December 31st, 2024, Centra Heart and Vascular Institute will no longer be providing cardiology services at the Centra Danville Medical Center. Effective 2025, cardiology services will increase at the Centra Gretna Medical Center along with the capabilities of telehealth services.

### Services to be Offered in Gretna beginning 2025:

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• Cardiopulmonary Rehab</li> <li>• Bariatrics (only on Thursdays)</li> <li>• Wound Care</li> <li>• Thoracic Surgery</li> <li>• Echocardiography (Echo)</li> <li>• Imaging</li> </ul> | <ul style="list-style-type: none"> <li>• Stress testing</li> <li>• Pediatric clinic</li> <li>• Electrophysiology Device Clinic</li> <li>• General cardiology</li> <li>• Electrophysiology (EP)</li> <li>• Congestive Heart Failure (CHF) Cardiology</li> </ul> |
|---|--|

### How to Refer:

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• Centra Heart &amp; Vascular Institute - Amherst<br/>115 Ambriar Court, Amherst, VA 24521<br/><b>*Located within the Centra Amherst Medical Center</b><br/><b>Phone:</b> 434.946.9565      <b>Fax:</b> 434.200.2859</li> <li>• Centra Heart &amp; Vascular Institute - Bedford<br/>1613 Oakwood Street, Bedford, VA 24523<br/><b>*Located within Centra Bedford Memorial Hospital</b><br/><b>Phone:</b> 540.425.7540      <b>Fax:</b> 540.425.7545</li> <li>• Centra Heart &amp; Vascular Institute - Farmville<br/>900 West Third Street Farmville, VA 23901<br/><b>Phone:</b> 434.392.4370      <b>Fax:</b> 434.857.2872</li> </ul> | <ul style="list-style-type: none"> <li>• Centra Heart and Vascular Institute - Gretna<br/>291 McBride Lane, Gretna, VA 24557<br/><b>*Located within the Centra Gretna Medical Center</b><br/><b>Phone:</b> 434.656.1717      <b>Fax:</b> 434.200.4578</li> <li>• Centra Heart &amp; Vascular Institute - Lynchburg<br/>2410 Atherholt Road, Lynchburg, VA 24501<br/><b>Phone:</b> 434.200.5252      <b>Fax:</b> 434.200.2496</li> <li>• Centra Heart &amp; Vascular Institute - Moneta<br/>1039 Mayberry Crossing Drive, Suite C, Moneta, VA 24121<br/><b>Phone:</b> 540.297.7840      <b>Fax:</b> 540.297.7874</li> </ul> |
|---|--|

## INFUSION SERVICES

### Bedford Memorial Hospital Infusion Center

Services provided at Centra Bedford Memorial Hospital location of Centra's Infusion Center include:

- |  |   |  |  |
|--|---|--|--|
| <p><b>Blood Product Transfusions</b></p> <ul style="list-style-type: none"> <li>• Blood</li> <li>• Platelets</li> <li>• Intravenous immunoglobulin (IVIG)</li> </ul> <p><b>IV Hydration</b></p> <ul style="list-style-type: none"> <li>• Normal saline</li> <li>• Lactated ringers</li> <li>• Multi-vitamin bag</li> </ul> | <p><b>Intravenous (IV) Therapies</b></p> <ul style="list-style-type: none"> <li>• Albumin</li> <li>• Boniva</li> <li>• Daptomycin</li> <li>• Feraheme (Iron)</li> <li>• Ferrlecit (Iron)</li> <li>• Implanted Port Flush/ Heparin</li> <li>• Inflectra</li> </ul> | <ul style="list-style-type: none"> <li>• Invanz (Ertapenem)</li> <li>• Prolastin</li> <li>• Magnesium</li> <li>• Potassium</li> <li>• Prolastin (Alpha 1-Proteinase Inhibitor)</li> <li>• Reclast (Zoledronic Acid)</li> <li>• Remdesivir</li> </ul> | <ul style="list-style-type: none"> <li>• Remicade</li> <li>• Solu-Medrol</li> <li>• Vancomycin</li> <li>• Venofer (Iron)</li> <li>• Vypti</li> <li>• Zofran</li> </ul> |
|--|---|--|--|

### Intramuscular Therapies

- Cortrosyn Stimulation Testing
- Dilaudid
- Penicillin
- Rocephin
- Vitamin K

### Subcutaneous Therapies

- Dilaudid
- Fulphila
- Lovenox
- Neulasta
- Neupogen
- Prolia
- Xolair
- Zarxio

### How to Refer:

Scheduling new patient appointments within the same or following week at the following location:

- Centra Infusion Center- Bedford Memorial Hospital  
1613 Oakwood Street, Bedford, VA 24523 **\*located within the Department of Surgical Services at Centra Bedford Memorial Hospital**  
**Phone:** 540.425.7770      **Fax:** 540.586.5984

## Southside Community Hospital Infusion Center

Services provided at Centra Southside Community Hospital location of Centra's Infusion Center include:

### Blood Product Transfusions

- Blood
- Platelets
- Intravenous immunoglobulin (IVIG)

### IV Hydration

- Normal saline
- Lactated ringers
- Multi-vitamin bag

### Intravenous (IV) Therapies

- Albumin
- Amphotericin
- Belatacept
- Boniva
- Daptomycin
- Iron Products- Feraheme, Venofer, Infed, Injectafer/Monoferric
- Humate D
- Implanted Port Flush
- Inflectra/Remicade/Entivyo
- Invanz (Ertapenem)

- Levothyroxine
- Magnesium
- Ocrevus
- Potassium
- Prolastin
- Remdesivir
- Solaris
- Solu-Medrol
- Vancomycin
- Vyepti
- Zofran
- Zometa

### Intramuscular Therapies

- Abilify
- Aristada Injections
- Cortisol (Cortrosyn Stim Testing)
- Invega
- Methotrexate (Ectopic/Miscarriage)
- Penicillin
- Rocephin
- Vitamin K
- Vivitrol

### Subcutaneous Therapies

- Fasnera
- Cimzia
- Dupixent
- Fulphila
- Lovenox
- Mepolizumab
- Neulasta
- Neupogen
- Prolia

- Stelara
- Udencya \*currently on back order
- Xolair
- Zarxio
- Therapeutic Phlebotomies are also performed at this location

### How to Refer:

Scheduling new patient appointments within the same or following week at the following location **\*Prior authorization must be done by referring office**

- Centra Infusion Center- Southside Community Hospital  
800 Oak Street, Farmville, VA 23901  
**\*1927 building on hospital campus**  
**Phone:** 434.315.2690      **Fax:** 434.315.2697 **\*appointment will be scheduled after receiving the order, demographics, and authorization information**



## Virginia Baptist Hospital Infusion Center

Services provided at Centra Virginia Baptist Hospital location of Centra's Infusion Center include:

### Blood Product Transfusions

- Blood
- Platelets
- Intravenous immunoglobulin (IVIG)

### IV Hydration

- Normal saline
- Lactated ringers
- Multi-vitamin bag

### Intravenous (IV) Therapies

- Albumin
- Amphotericin
- Belatacept
- Boniva
- Daptomycin
- Feraheme (Iron)
- Ferrlecit (Iron)

### Intramuscular Therapies

- Abilify
- Aristada Injections
- Cortisol (Cortrosyn Stim Testing)
- Dilaudid
- Invega
- Methotrexate (Ectopic/Miscarriage)
- Penicillin
- Rocephin
- Vitamin K
- Vivitrol

- Humate D
- Implanted Port Flush/Heparin
- Inflectra
- Injectafer (Iron)
- Invanz (Ertapenem)
- Levothyroxine
- Magnesium
- Potassium
- Prolastin
- Remdesivir
- Remicade
- Solaris
- Solu-Medrol
- Vancomycin
- Venofer (Iron)
- Vyepi
- Zofran
- Zometa

### Subcutaneous Therapies

- Dilaudid
- Dupixent
- Fulphila
- Lovenox
- Neulasta
- Neupogen
- Prolia
- Udencya
- Xolair
- Zarxio

### How to Refer:

Scheduling new patient appointments within the same or following week at the following location: ***\*Prior authorization can be obtained from the referring office or by the Centra Prior Authorization Team***

- Centra Infusion Center- Virginia Baptist Hospital  
3300 Rivermont Avenue, Lynchburg, VA 24503

***\*located on the 2nd floor of the Ford Building at Centra Virginia Baptist Hospital (VBH)***

**Phone:** 434.200.4192

**Fax:** 434.200.7460 ***\*once the appointment has been scheduled, please fax the order***

### How to Request New Medication:

Please submit a [Formulary Request Form](#) in accordance with policy #16.10.18. The Pharmacy and Therapeutics (P&T) Committee convenes quarterly to assess the safety and suitability of medications for inclusion in our formulary. The provider requesting the medication is required to serve as the champion for the medication and will be invited to attend the quarterly meeting to address any questions or concerns regarding the new treatment

## PEDIATRICS

### Pediatric Specialty Clinics

Centra offers specialty clinics for pediatric patients including:

#### Allergy Clinic:

The allergy clinic offers consultations for the following: **\*testing for allergy conditions is completed by scratch skin test or RAST testing (bloodwork)**

- Allergy Shots (Xolair)
- Anaphylaxis
- Angioedema
- Asthma and cough
- Drug Allergy
- Environmental Allergies
- Food Allergy/Food Challenges
- Hives and other allergic skin conditions
- Insect Allergy
- OIT -Oral Immunotherapy Therapy - Treatment Food Allergies
- Seasonal Allergies
- Sinusitis

#### How to Refer:

To schedule a new patient appointment, call or fax referral and record to the following location:

- Centra's Pediatric Specialty Center-Allergy Clinic  
3300 Rivermont Avenue, Lynchburg, VA 24503 **\*located within Centra Virginia Baptist Hospital**  
**Phone:** 434.200.3542 **Fax:** 434.200.3557

#### Genetics Clinic:

The genetics clinic provides services for the following: **\*testing completed by physical examination, bloodwork, or swab**

- Autism
- Genetic causes of birth defects, chronic disease, or developmental problems
- Genetic disorders
- Hereditary cancer syndromes
- Management and treatment of a genetic disorder
- Neurological disorders
- Testing to determine the chances for a genetic disorder to recur in a family

#### How to Refer:

To schedule a new patient appointment, call or fax referral and record to the following location:

- Centra's Pediatric Specialty Center-Genetics Clinic  
3300 Rivermont Avenue, Lynchburg, VA 24503 **\*located within Centra Virginia Baptist Hospital**  
**Phone:** 434.924.2665 **Fax:** 434.924.1797

#### Neurodevelopment Clinic:

The neurodevelopmental clinic provides consultations for the following conditions: **\*for children aged 3 and under**

- Attention Deficit Hyperactivity Disorder (ADHD)
- Birth defects
- Developmental difficulties/delays assessments
- Down Syndrome
- Learning disabilities

#### How to Refer:

To schedule a new patient appointment, call or fax referral and record to the following location:

- Centra's Pediatric Specialty Center-Neurodevelopment Clinic  
3300 Rivermont Avenue, Lynchburg, VA 24503 **\*located within Centra Virginia Baptist Hospital**  
**Phone:** 434.200.4126 **Fax:** 434.200.4553

### Pediatric Pulmonary Clinic:

The pediatric pulmonary clinic provides consultations for the following conditions:

**\*testing completed by pulmonary function test and chest x-ray**

- Asthma
- Chronic bronchitis
- Chronic obstructive pulmonary disorder
- Cough
- Esophagitis
- Severe obstructive sleep apnea
- Wheezing

### How to Refer:

To schedule a new patient appointment, call or fax referral and record to the following location:

- Centra's Pediatric Specialty Center-Pediatric Pulmonary Clinic  
3300 Rivermont Avenue, Lynchburg, VA 24503 **\*located within Centra Virginia Baptist Hospital**  
**Phone:** 434.200.3587 **Fax:** 434.200.4590

### Vitamin K Shot Administration for Newborns

Centra has seen an increase in the refusal rates for the Vitamin K shot over the past year. The shot is crucial for newborns as it helps prevent bleeding disorders by enabling the body to produce essential clotting factors. Without it, infants are at risk for a serious condition known as Vitamin K Deficiency Bleeding (VKDB).

To learn more about the benefits of the Vitamin K shot and helpful talking points, click here, [Vitamin K Shot Clinical Talking Points](#).

## SURGICAL SERVICES

### Gastroenterology

#### New Procedures / Technology:

Centra Medical Group (CMG) Southside Gastrointestinal Center in Farmville has begun offering a technology called Fibroscan. This technology is used to determine the prognosis of a patient diagnosed with fatty liver disease. When a patient is referred for a Fibroscan, the patient will have an office visit with the nurse practitioner for management of fatty liver disease.

Referral Criteria: **\*Please note, a patient does not need to be established for a Fibroscan referral**

- Diagnosed fatty liver disease
- Liver profile that has been completed within one month **\*please send with the referral**

#### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following location: \*When referring, please note "Fibroscan" on the referral

- Centra Medical Group (CMG) Southside Gastrointestinal Center **\*located within Centra Southside Community Hospital**  
800 Oak Street, Farmville, VA 23901  
**Phone:** 434.315.2860 **Fax:** 434.315.2865

### General Surgery

#### New Providers / Capabilities:

Dr. Alex Hamilton, board certified in general surgery and critical care, has joined the Centra Medical Group (CMG) Critical Care team providing inpatient care at Centra Lynchburg General Hospital. Click to learn more about [Alex Hamilton, DO | Centra Health](#).

Dr. Brian Charnock has joined the Centra Medical Group (CMG) Surgical Specialist team providing elective procedures in Lynchburg. Scheduling new elective surgery patient appointments within one week. Click to learn more about [Brian Charnock, MD | Centra Health](#).

Kim Kennedy, NP has joined the Centra Medical Group (CMG) Surgical Specialist team. Scheduling new elective surgery patient appointments within one week. Click to learn more about [Kimberly Kennedy, NP | Centra Health](#).

### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following location:

- Centra Medical Group (CMG) Bedford General Surgery Center  
1615 Oakwood Street, Suite D, Bedford, VA 24523  
**Phone:** 540.425.7695      **Fax:** 434.200.1658
- Centra Medical Group (CMG) Southside Surgery  
**\*located within Centra Southside Community Hospital**  
**800 Oak Street, Farmville, VA 23901**  
**Phone:** 434.315.2998      **Fax:** 434.315.2959
- Centra Medical Group (CMG) Surgical Specialist 1906 & 1911  
1906 Thomson Drive, Lynchburg, VA 24501  
**Phone:** 434.200.3933      **Fax:** 434.200.1663
- 1911 Thomson Drive, Lynchburg, VA 24501  
**Phone:** 434.200.3901      **Fax:** 434.200.1664

### CME Opportunity:

**Thursday, March 13, 2025, at 12:15pm via Teams Webinar**

Dr. William Kittrell from Centra Medical Group (CMG) Surgical Specialists will be joining us for the March edition of the Lunchtime Learning series. He will be discussing the medical management of hemorrhoids. Click [here](#) to register.

### Plastic Surgery

Centra's Plastic Surgery team offers the following surgical procedures:

- Breast Reconstructions
- Breast Reductions
- Functional Rhinoplasties **\*Dr. Jesse Payton**
- Gender-Reaffirming Top Surgeries **\*Dr. Christina Canzoneri**
- Pediatric Otoplasties
- Reconstructive surgeries for weight loss patients

Click to learn more about Centra Medical Group (CMG) Plastic Surgery Team:

- [Christina Canzoneri, MD | Centra Health](#)
- [Courtney J. Caughey, NP-C | Centra Health](#)
- [Jesse Payton, MD | Centra Health](#)
- [Simon Hatin, MD | Centra Health](#)

### How to Refer:

Scheduling new patient appointments within two to three weeks. Call or send a referral via fax or through the referral management system in Cerner for the following location:

- Centra Medical Group (CMG) Plastic Surgery Center  
1330 Oak Lane, Suite 100, Lynchburg, VA 24503 **\*located in the Oak Vassar Medical Building**  
**Phone:** 434.200.4350      **Fax:** 434.200.4347

## WOMEN'S HEALTH

### Lynchburg Family Medicine Residency

Centra Medical Group (CMG) Lynchburg Family Medicine Residency offer OB/GYN services including:

- Pre-natal, delivery, and postpartum care
- On-site OB/GYN ultrasounds
- Gynecological exams
- Birth control **\*IUD insertions**

Click to learn more about the Centra Medical Group (CMG) Lynchburg Family Medicine Residency providers offering OB/GYN services:

- [Hailey Sparacino, DO | Centra Health](#)
- [Mikhail Levit, DO | Centra Health](#)

#### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following location:

- Centra Medical Group (CMG) Lynchburg Family Medicine Residency  
2323 Memorial Avenue, Lower-Level Suite 10, Lynchburg, VA 24501  
**Phone:** 434.200.5200      **Fax:** 434.200.1641

### Obstetrics and Gynecology

#### New Providers / Capabilities:

Claire Courter, MSN, WHNP-BC, C-EFM has joined the Centra Medical Group (CMG) Forest Women's Center team. Click to learn more about [Claire Courter, MSN, WHNP-BC, C-EFM | Centra Health](#).

Kim Little, NP has joined the Centra Medical Group (CMG) Forest Women's Center team.

Sarah Lawson, CNM has joined the Centra Medical Group (CMG) Forest Women's Center team. Click to learn more about [Sarah Lawson, CNM | Centra Health](#).

#### How to Refer:

Call or send a referral via fax or through the referral management system in Cerner for the following locations:

- Centra Medical Group (CMG) Forest Women's Center  
2007 Graves Mill Road, Forest, VA 24551  
**Phone:** 434.200.385.8948      **Fax:** 434.200.1674

OB patients will be scheduled to be seen at 8-10 weeks pregnant. For urgent non-surgical GYN issues, please reach out to the office directly for appointments. Non-surgical GYN issues are scheduling 6-8 weeks and new patient's annual wellness visits are scheduling into January.

- Centra Medical Group (CMG) Southside Women's Center **\*offering minimally invasive GYN surgeries at this location**  
800 Oak Street, Farmville, VA 23901 **\*located within Centra Southside Community Hospital**  
**Phone:** 434.315.2950      **Fax:** 434.315.2959

OB patients will be scheduled to be seen at 8-10 weeks pregnant. For urgent GYN issues, please reach out to the office directly for appointments. Non-urgent GYN issues are scheduling 1-3 weeks and new patient's annual wellness visits are scheduling into December.

## Women's Specialty Center Clinics

Centra offers specialty clinics for women's health which include:

### Lactation Clinic:

Lactation Clinic provides consultations for the following:

- Infant - breastfeeding concerns in newborn/neonatal 28 days and younger
- Mother - breastfeeding concerns
- Perinatal lactation consults

### How to Refer:

To schedule a new patient appointment, call or fax referral and records to the following location: **\*patient and referring office will be contacted with an appointment date and time**

- Centra's Women's Specialty Center-Lactation Clinic  
3300 Rivermont Avenue, Lynchburg, VA 24503 **\*located within Centra Virginia Baptist Hospital**  
**Phone:** 434.200.4067 **\*clinic contact, Gaye Jordan** **Fax:** 434.200.4553

### Maternal Fetal Medicine Clinic (MFM):

Perinatal Clinic (High Risk) provides consultations and ultrasounds for the following conditions: **\*testing completed by ultrasound and/or bloodwork**

- Intrauterine Growth Restriction (IUGR)
- Gestational Diabetes, Type 1 & 2 Diabetes
- Pre-eclampsia
- Preterm Labor
- Twin Pregnancy
- Placental Abruption
- Threatened Abortion
- RH incompatibility and Isoimmunization

### How to Refer:

To schedule a new patient appointment, call or fax referral and records to the following location: **\*patient and referring office will be contacted with an appointment date and time**

- Centra's Women's Specialty Center-Maternal Fetal Medicine Specialty Clinic  
3300 Rivermont Avenue, Lynchburg, VA 24503 **\*located within Centra Virginia Baptist Hospital**  
**Phone:** 434.200.3542 **\*clinic contact, Cheryl McCoy & Jasmine Mason** **Fax:** 434.200.3557

## CONTINUING EDUCATION OPPORTUNITIES (CME)

### Upcoming Lunchtime Learning Series

**\*One hour of free CME credit can be earned for each session attended**

#### Thursday, December 12th at 12:00pm

Dr. John Gaughen from Centra Medical Group (CMG) Neurology team will be discussing the diagnosing and management of idiopathic intracranial hypertension (IIH), pulse tinnitus, and brain aneurysms. Click [here](#) to register.

#### Thursday, January 9th at 12:15pm

Tiffany Clark, RN, MSN, ACNS-BC, FNP-C, AOCNP, from the Centra Alan B. Pearson Regional Cancer Center Hematology team, will be discussing the diagnosis and medical management of hematological disorders in primary care. Click [here](#) to register.

#### Thursday, February 13th at 12:15pm

**TO BE ANNOUNCED**



*In support of improving patient care, Centra is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare system.*

### Thursday, March 13th at 12:15pm

Dr. William Kittrell from Centra Medical Group (CMG) Surgical Specialists will be discussing the medical management of hemorrhoids. Click [here](#) to register.

## Previous Lunchtime Learning Webinars

**\*One hour of free CME credit can be earned for each session**

To access the following previous Lunchtime Learning webinars, please visit the following link and search Lunchtime Learning [CME Tracker Online Activities](#). If you have any questions or concerns about accessing the past recordings, please contact Kendall Jenkins, Provider Relations Manager, at [kendall.jenkins@centrahealth.com](mailto:kendall.jenkins@centrahealth.com).

- Dr. Firas Kaddaha - The Clinical Evaluation of Palpitations
- Dr. Michael Jones - The Medical Management of Obesity and Starting the Weight Loss Conversation
- Dr. Brenda Stokes - Palliative and Hospice Care Services
- Timothy Olsen, PA - Medical Management of Headaches and Centra's Headache Clinic
- Dr. Chinmaya Mareddy - Clinical Evaluation of Atrial Fibrillation
- Dr. Bikram Bal - Colonoscopy Screening Guidelines and Alternative Colon Cancer Screenings
- Dr. Michael Lilly - The Gallbladder and Endoscopic Retrograde Cholangiopancreatography (ERCP)
- Dr. Corey Passman - PSA Guidelines and Prostate Cancer
- Dr. Sunil Rajan - Diagnosing and Medical Management of Chronic Obstructive Pulmonary Disease (COPD)
- Dr. Christian Estrada & Dr. Sebastian Ksionski - Procedural Pain Therapies

## Grand Rounds

### HVI Grand Rounds

**\*One hour of free CME credit can be earned for each session**

The Centra Heart and Vascular Institute offers Grand Rounds on the 4th Wednesday of every month in the First Colony Conference Room 2 at Lynchburg General Hospital from 7:00am-8:00am. If unable to be attended in person, the live presentation will be streamed, and you can join via Teams to watch.

To view the upcoming presenters and topics, please visit the [CME Monthly Calendar](#) and select RSS/Grand Rounds and they will be displayed by date in green.

### Neurovascular Grand Rounds

**\*One hour of free CME credit can be earned for each session**

Centra Medical Group (CMG) Neurology offers Grand Rounds on The Advancements of Neurovascular Care on the 2nd and 4th Wednesday of every month via Teams from 7:00am-8:00am.

To view the upcoming topics, please visit the [CME Monthly Calendar](#) and select RSS/Grand Rounds and they will be displayed by date in green.



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