



Hands-Only CPR



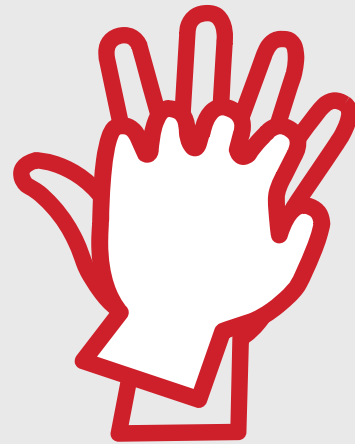
Join a Nation of Lifesavers™ today.

TWO STEPS TO SAVE A LIFE

1 Call 911



2 Push hard and fast in the center of the chest



Don't drop the beat!
Know it. Feel it. Push it. Keep it.



CPR week is june 1-7 | [#CPRwithHeart](#)